



Travel Guidelines Policy Updated September 9, 2021

Travel Guidelines Policy

JCYS's policy is in effect for all JCYS Family Centers in the city and suburbs. We employ the City of Chicago's [Travel Advisory](#), which places states and territories in two categories—orange and yellow.

- Any unvaccinated individual traveling from a state or territory listed as **ORANGE should:**
 - Get tested with a viral test 3-5 days after travel AND stay home and self-quarantine for 7 days after travel. Even if the test is negative, stay home and self-quarantine for 7 days; or
 - Stay home and self-quarantine for 10 days after traveling.
- All travelers are advised after travel to monitor themselves for COVID-19 symptoms and isolate and get tested if they develop symptoms.

Currently, **the CDC recommends unvaccinated individuals not travel.** If you are not fully vaccinated and must travel, follow CDC's [recommendations for unvaccinated people](#).

International Travel

Please be advised that all air passengers coming to the United States, including U.S. citizens, are required to have a negative COVID-19 test result or documentation of recovery from COVID-19 before they board a flight to the United States. More info on the testing requirement can be found [here](#).

After international travel, vaccinated individuals are advised to:

- Get [tested](#) with a [viral test](#) 3-5 days after travel.
 - Individuals awaiting test results may not enter any JCYS facility.
- Self-monitor for COVID-19 symptoms; isolate and get tested if symptoms develop.

After international travel, unvaccinated individuals are advised to:

- Get [tested](#) with a [viral test](#) 3-5 days after travel AND stay home and self-quarantine for a full 7 days after travel.
 - Even if you test negative, stay home and self-quarantine for the full 7 days.
 - If your test is positive, [isolate](#) yourself to protect others from getting infected.
 - Individuals awaiting test results may not enter any JCYS facility.
- If you do not get tested, stay home and self-quarantine for 10 days after travel.
- Avoid being around people who are at increased risk for severe illness for 14 days.
- Self-monitor for COVID-19 symptoms; isolate and get tested if symptoms develop.

Information for people who recently recovered from COVID-19

If you recovered from a documented COVID-19 infection within the last 3 months, follow recommendations for fully vaccinated travelers except you do NOT need to get a test 3-5 days after travel unless you are symptomatic. People can continue to test positive for up to 3 months after diagnosis and not be infectious to others.

Policies and procedures will continue to evolve. Chicago's Emergency Travel Order was changed to an Advisory on June 29, 2021. The Emergency Travel Order could be reinstated by the City at any time, if surges in COVID cases continue and the number of states on the list continues to grow. If the Emergency Travel Order is reinstated, JCYS's Travel Guidelines Policy will reflect these changes.