

SUMMER CAMP MENU WEEK 3

	SUN	MON	TUES	WED	THUR	FRI	SAT
BREAKFAST	AS NEEDED	Scrambled Eggs	Biscuits	Scrambled eggs	Pancakes	Scrambled Eggs	AS NEEDED
	French toast	Cheese	pepper gravy	Cheese	butter & syrup	cheese	Assorted Pastries
	syrup & butter	Salsa	hard boiled eggs	oatmeal	hard boiled eggs	stars	hard boiled eggs
	hard boiled eggs	Tri tators	string cheese	cereal	string cheese	oatmeal	string cheese
	string cheese	oatmeal	oatmeal	yogurt	oatmeal	cereal	cereal
	cereal	cereal	cereal	fruit	cereal	yogurt	yogurt
	yogurt	yogurt	yogurt		yogurt	fruit	fruit
	fruit	fruit	fruit		fruit		
LUNCH	AS NEEDED	Corn dogs	COOK OUT	Italian Beef	Turkey wraps	Cheese Pizza	AS NEEDED
	Chicken Wraps	Tator tots	HAMBURGERS	Chips	LTOP	bread sticks	Vegan Chili Dogs
	LTOP	salad	HOT DOGS	salad	chips	marinara	curly fries
	chips	jello	macaroni salad	fruit	fruit	celery & carrots	salad
	fruit		LTOP			salad	fruit
			chips			cookies	
			watermelon				
DINNER	Lick Your Plate Clean	Beef Stroganoff	Mac & Cheese	Baked Potatoes	Burrito Bowl	SHABBAT	AS NEEDED
	Spaghetti	egg noodles	broccoli	broccoli	black beans	Baked Chicken	Cheese Nachos
	Marinara	gravy	breadsticks	cheese sauce	refried beans	Red potatoes	salsa
	Garlic toast	corn	celery & carrots	diced tomatoed	guacamole	corn	sour cream
	Mixed veggie	fruit	fruit	sour cream	cheese	matzo ball soup	jalapeno peppers
	Salad			butter cups	cheese sauce	Salad	guacamole
	Pudding			salad	corn tortilla	pareve brownie	salad
				fruit	salsa		fruit
					lettuce		
					diced tomatoed		
				diced onion			