

SUMMER CAMP MENU WEEK 1

	SUN	MON	TUES	WED	THUR	FRI	SAT
BREAKFAST	AS NEEDED	Scrambled Eggs	Biscuits	Scrambled eggs	Pancakes	Scrambled Eggs	AS NEEDED
	French toast	cheese	pepper gravy	Cheese	butter & syrup	cheese	Assorted pastries
	syrup & butter	Salsa	hard boiled eggs	oatmeal	hard boiled eggs	stars	hard boiled eggs
	hard boiled eggs	Tri tators	string cheese	cereal	string cheese	oatmeal	string cheese
	string cheese	oatmeal	oatmeal	yogurt	oatmeal	cereal	cereal
	cereal	cereal	cereal	fruit	cereal	yogurt	yogurt
	yogurt	yogurt	yogurt		yogurt	fruit	fruit
	fruit	fruit	fruit		fruit		
LUNCH	AS NEEDED	BBQ BEEF	COOK OUT	Grilled Cheese	Chicken Patty	Cheese Pizza	AS NEEDED
	Tuna Salad	Tator tots	HAMBURGERS	tomatoed soup	French fries	bread sticks	BBQ Chicken
	LTOP	salad	HOT DOGS	tator tots	LTOP	marinara	LTOP
	Chips	fruit	macaroni salad	salad	fruit	celery & carrots	chips
	celery & carrots		LTOP	fruit		salad	salad
	fruit		chips			cookies	fruit
			watermelon				
DINNER	Lick Your Plate Clean	Popcorn Chicken	Baked Mostaccioli	Sloppy Joe	Turkey burgers	SHABBAT	AS NEEDED
	Spaghetti	mashed potatoes	garlic toast	curly fries	sliced pineapple	Baked Chicken	Meatball subs
	Marinara	gravy	green beans	salad	chips	mashed potatoes	tator tots
	Garlic toast	corn	salad	Italian Ice	salad	gravy	peas
	Mixed veggie	fruit	jello		fruit	corn	salad
	Salad					matzo ball soup	fruit
	Pudding					salad	
						pareve brownie	