



May 2016 Lunch Menu



*CV- Cold vegetables *HV- Hot Vegetables *QC-Quality Catering

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
May 2 BBQ Meatballs Steamed Brown Rice Peas & Carrots Fresh Apple Wheat Bread	May 3 Macaroni & Cheese Entrée Fresh Steamed Broccoli Tropical Fruit Wheat Dinner Roll	May 4 Chicken "Fried" Rice Cauliflower Fresh Orange Rye Bread	May 5 Penne Pasta & Meat Sauce Green Beans Pineapple Chunks Italian Bread	May 6 Hamburger Ketchup QC Vegetable Blend Diced Pears Mini Wheat Hamburger Bun
May 9 Chicken and Country Gravy Diced Parsley Potatoes Fresh Steamed Broccoli Tropical Fruit Wheat Dinner Roll	May 10 Pancakes & Turkey Sausage Syrup Diced Parsley Potatoes Banana	May 11 Chicken Tenders Ketchup Rotini Pasta Peas Cranberry Applesauce	May 12 Pizza Organic Steamed Veggies Fresh Organic Fruit	May 13 BBQ Chicken Diced Parsley Potatoes Green Beans Tropical Fruit Italian Bread
May 16 Fiesta Chicken Steamed Brown Rice Peas and Carrots Applesauce Wheat Bread	May 17 Chicken Tender Wrap ~ House – Made Ranch Dressing Shredded Lettuce Corn Banana Soft Flour Tortilla	May 18 Shells & Cheese Diced Carrots Fresh Orange Rye Bread	May 19 Chicken Nuggets BBQ Dip Steamed Brown Rice Peas Banana	May 20 Spaghetti & Meatballs Marinara Sauce Fresh Steamed Broccoli Fresh Apple Italian Bread
May 23 New Orleans Chicken Steamed Brown Rice 3 Way Vegetable Blend Diced Pears Rye Bread	May 24 Vegetable Noodle Soup* & ½ Turkey Sandwich on Wheat Bread CV: Tossed Salad ~ House – Made Ranch Dressing HV: Fresh Steamed Broccoli Applesauce	May 25 BBQ Chicken Diced Parsley Potatoes QC Vegetable Blend Fresh Orange Wheat Dinner Roll	May 26 Meatballs Au Jus Steamed Brown Rice Peas & Carrots Banana Italian Bread	May 27 Sloppy Joe Diced Parsley Potatoes Green Beans Fresh Pear Mini Wheat Hamburger Bun
May 30 Memorial Day CENTER CLOSED	May 31 Macaroni & Cheese Entrée Fresh Steamed Broccoli Tropical Fruit Wheat Dinner Roll	June 1 Chicken "Fried" Rice Cauliflower Fresh Orange Rye Bread	June 2 Penne Pasta & Meat Sauce Green Beans Pineapple Chunks Italian Bread	June 3 Hamburger Ketchup QC Vegetable Blend Diced Pears Mini Wheat Hamburger Bun

Our Chicken is 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

2016 menus provided by Quality Catering approved by Emily Botma, RDN

~Nutrition information regarding these entrées is available on our website.

*12 oz. bowl will be provided.

Follow Us On:    Find us on Instagram
www.qualitycateringforkids.com
 Phone (847) 356-7513 ~ Fax (847) 356-8014

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